



HORNETS BOYS HOMESCHOOL SOCCER CLUB REGISTRATION 2023

Player's name _____ Grade in Fall 2023 _____ Date of birth _____

Street address _____ City and Zip _____

Parents' names _____

Parents' Phone number(s) _____

Parents' email(s) _____

Player's email _____ Player's phone _____

Alternate emergency contact _____ Phone _____

Name of school attending if not homeschooled more than 50% of the time _____

Allergies/medical conditions we need to be aware of _____

WAIVER AND MEDICAL RELEASE

Soccer is a vigorous, athletic sport and injuries may happen over the course of the pre-season and regular season. The undersigned hereby fully releases, discharges, and agrees to indemnify and hold harmless Hornets Boys Soccer Club from any and all rights, claims, liability, and actions that may arise for its members, customers, invitees, guests, or others who may use or be present on the facilities with the undersigned's permission, or while the undersigned is supervising or allowing the use of the facilities that may arise (be they with or without merit) for the use of the fields, equipment, or properties ("facilities"). If first aid is necessary, the undersigned parent/guardian of the participant named is giving the authorization to administer needed aid. Hornets Boys Soccer Club will attempt to contact the parent(s), if not present at the event, at the number(s) listed above. The undersigned assumes the responsibility for any cost connected with treatment and will hold harmless the coach, administrative staff, and the organization, including the partnering organizations, from any liability.

COVID AND INFECTIOUS DISEASE WAIVER AND RELEASE

Participation in athletic activities includes possible exposure to and illness from infectious disease including but not limited to COVID-19. While certain guidelines, practices, and personal discipline may reduce this risk, the risk of serious illness and/or death through participation is real and does exist. The undersigned agrees to release, discharge, indemnify and hold harmless Hornets Boys Soccer Club from any and all exposure and/or contraction of any illness or infectious disease, including but not limited to COVID-19.

PARENTAL/PLAYER PERMISSION AND AGREEMENT

The named player has the named parent/guardian's permission to participate with the Hornets Boys Soccer Club and both parties agree to encourage good sportsmanship and support the team and coaches and club policies. Eligibility for certain state and national tournaments in which Hornets participates depends on the homeschool status of its players. We affirm that the above mentioned player is homeschooled more than 50% of his studies. (If not, please explain above.) We understand that the player's photo may be taken and used for club promotional purposes.

CDC CONCUSSION INFORMATION

We have read and discussed the CDC concussion information sheet and understand what to do if the player has a concussion or other serious brain injury.

Parent/Guardian signature _____ Date _____

Printed name _____ Relationship _____

Player signature _____ Date _____



Hornets Soccer Club

Participant Conduct Agreement (2023)

1 Corinthians 10:31

“So, whether you eat or drink, or whatever you do, do all to the glory of God.”

The Hornets Soccer Club desires to honor Christ in the way it conducts itself. We ask this of our athletes, parents, coaches, and board. The club utilizes this Code of Conduct to establish common expectations for participation in the club. These expectations cover areas such as respect for people, property, authority, etc. but are not fully exhaustive and thus situations will be dealt with as necessary.

All athletes are expected to demonstrate acceptable conduct consistent with this code. Breaches of this contract will result in consequences that are appropriate for the violation and may range from a warning to a suspension from the Hornets program.

Expectations:

- Any type of harassment, bullying, or derogatory comments made in person, on the field, or online are prohibited.
- Players will refrain from profanities, disrespect, or displays of poor attitude towards other players, parents, coaches, and referees.
- Any type of illegal activity (i.e. use of or possession of alcohol, drugs, tobacco, vandalism, weapons, etc...) is prohibited.
- Players are expected to be on time and in attendance at all practices and games unless prearranged with the coach.
- Problems with fellow players, parents, coaches, or others are expected to be handled in a Biblical fashion: First address it with the other individual(s) personally if possible. Second, contact the coach for assistance towards a resolution. Third, the problem can be taken to the board of the Hornets program.
- There will not always be agreement on referee calls. Players and parents are asked to respect the referee's calls and allow the coaches to advocate for our players. Players and/or parents who interfere with the referee doing his/her job, may be asked to leave.
- Soccer is an extracurricular activity. Therefore, completing school commitments is necessary before participating in practices or games. This is a matter between parent and player, but the coach will support the parent's decision in such matters.

I have read, understand and agree to abide with the Hornet's Soccer Club Code of Conduct.

Signature of Athlete: _____ Signature of Parent or Guardian _____

Date: _____

Concussion

INFORMATION SHEET



This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
 - Work with their coach to teach ways to lower the chances of getting a concussion.
 - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion. Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
 - Ensure that they follow their coach's rules for safety and the rules of the sport.
 - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no “concussion-proof” helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



Plan ahead. What do you want your child or teen to know about concussion?

How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just “don’t feel right” after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events *prior to* or *after* a hit or fall

Symptoms Reported by Children and Teens

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems
- Just not “feeling right,” or “feeling down”

Talk with your children and teens about concussion. Tell them to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that *it's better to miss one game than the whole season.*



cdc.gov/HEADSUP

CONCUSSIONS AFFECT EACH CHILD AND TEEN DIFFERENTLY.

While most children and teens with a concussion feel better within a couple of weeks, some will have symptoms for months or longer. Talk with your children's or teens' healthcare provider if their concussion symptoms do not go away, or if they get worse after they return to their regular activities.

What Are Some More Serious Danger Signs to Look Out For?

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- One pupil larger than the other
- Drowsiness or inability to wake up
- A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)
- Unusual behavior, increased confusion, restlessness, or agitation
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously

➤ **Children and teens** who continue to play while having concussion symptoms, or who return to play too soon—while the brain is still healing—have a greater chance of getting another concussion. A repeat concussion that occurs while the brain is still healing from the first injury can be very serious, and can affect a child or teen for a lifetime. It can even be fatal.

What Should I Do If My Child or Teen Has a Possible Concussion?

As a parent, if you think your child or teen may have a concussion, you should:

1. Remove your child or teen from play.
2. Keep your child or teen out of play the day of the injury. Your child or teen should be seen by a healthcare provider and only return to play with permission from a healthcare provider who is experienced in evaluating for concussion.
3. Ask your child's or teen's healthcare provider for written instructions on helping your child or teen return to school. You can give the instructions to your child's or teen's school nurse and teacher(s) and return-to-play instructions to the coach and/or athletic trainer.

Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess a child or teen for a possible concussion. Concussion signs and symptoms often show up soon after the injury. But you may not know how serious the concussion is at first, and some symptoms may not show up for hours or days.

The brain needs time to heal after a concussion. A child's or teen's return to school and sports should be a gradual process that is carefully managed and monitored by a healthcare provider.

To learn more, go to cdc.gov/HEADSUP



Discuss the risks of concussion and other serious brain injuries with your child or teen, and have each person sign below.

Detach the section below, and keep this information sheet to use at your children's or teens' games and practices to help protect them from concussion or other serious brain injuries.

☐ I learned about concussion and talked with my parent or coach about what to do if I have a concussion or other serious brain injury.

Athlete's Name Printed: _____ Date: _____

Athlete's Signature: _____

☐ I have read this fact sheet for parents on concussion with my child or teen, and talked about what to do if they have a concussion or other serious brain injury.

Parent or Legal Guardian's Name Printed: _____ Date: _____

Parent or Legal Guardian's Signature: _____